



Signature Salads	
Spa Salad	<i>Lower Fat</i>
Mixed greens, plum tomatoes, green pepper, cucumber, carrots, mushrooms, avocado, walnut pieces, dried cranberries, alfalfa sprouts, side of balsamic vinaigrette <i>Add sliced chicken breast for an extra</i>	
Greek Salad	
Mixed Greens, plum tomatoes, crumbled Feta cheese, Kalamata olives, sliced banana peppers, cucumber, green pepper, carrots, onion, side of balsamic vinaigrette	
Alpine Chef	<i>Lower Fat</i>
Mixed greens, roasted turkey breast, Black Forest ham, reduced fat Swiss & cheddar cheese, plum tomatoes, green pepper, cucumber, carrots, alfalfa sprouts, side of ranch dressing	
Brown Derby Cobb	
Mixed greens, sliced chicken breast, bacon, crumbled bleu cheese, avocado, plum tomatoes, side of spicy honey mustard dressing	
Walnut Spinach Salad	
Baby spinach, walnut pieces, crumbled bleu cheese, chopped bacon, avocado, mushrooms, sundried tomatoes, spicy honey mustard dressing	
Chipotle Caesar Salad	
Mixed greens, sliced chicken breast, avocado, jalapeño jack cheese, croutons, sundried tomatoes, side of creamy chipotle Caesar dressing	
Las Olas Chicken or Tuna Salad	
Mixed greens, fresh basil chicken salad or tuna salad with lite dill dressing, plum tomatoes, carrots, cucumber, green pepper, alfalfa sprouts, side of ranch dressing	
Roll Your Own Sandwich	
Regular Size	Small Size
Choose Fresh Flour <i>or</i> Whole Wheat Tortilla, Classic Roll Up <i>or</i> Hot Pressed	
MEATS:	
Roasted Turkey Breast, Smoked Turkey Breast, Black Forest Ham, Smoked Pork Tenderloin, Tuna Salad, Sliced Chicken Breast, Fresh Basil Chicken Salad, Curried Chicken Salad, Bacon, Oven Roasted Beef (Add), Sliced Grilled Sirloin Steak (Add)	
CHEESES:	
American, Cheddar, Monterey Jack, Jalapeño Jack, Imported Brie, Swiss, Provolone, Cream Cheese, Crumbled Bleu Cheese, Crumbled Feta Cheese, Reduced Fat Cheese	
VEGETABLES:	
Avocado, Mushrooms, Artichoke Hearts, Roasted Red Peppers, Sundried Tomatoes, Carrots, Cucumbers, Alfalfa Sprouts, Green Leaf Lettuce, Baby Spinach, Plum Tomatoes, Onion, Dill Pickle Slices, Green Pepper, Scallions, Sliced Jalapeños, Sliced Banana Peppers, Kalamata Olives	
DRESSINGS:	
Mayo, Fat Free Mayo, Basil Mayo, Spicy Honey Mustard, Yellow Mustard, Dijon Mustard, Caesar, Creamy Italian, Sesame, Ranch, Fat Free Ranch, Chipotle Ranch, Balsamic Vinaigrette, Lite Dill, Fat Free Sundried Tomato Basil, Horseradish Sauce, Barbeque Sauce	
FRUITS, NUTS & OTHER :	
Pineapple Chunks, Cashews, Mango Chutney, Cornbread Stuffing, Apple Butter, Red Pepper Hummus, Raisins, Sunflower Seeds, Dried Cranberries, Walnut Pieces, Cranberry Sauce, Peanut Butter, Jelly	

Original Recipe Soups	
8oz. cup	12oz. bowl
32oz. quart	
<i>Daily selections may include:</i>	
Harvest Mushroom	Old Fashioned Chicken Noodle
Roasted Garlic Tomato	Baja Chicken Enchilada
Loaded Baked Potato	Broccoli & Cheddar
Garden Vegetarian	Beef Chili with Beans
Side Choices	
<i>We proudly serve FritoLay Products</i>	
Variety of Chips	Fresh Baked Cookies
Potato or Pasta Salad	
Beverages	
<i>We proudly serve Coca-Cola Products</i>	
Medium Drink	Bottled Water
Large Drink	
Children's Menu	
A mini Roll Up, choice of side & a small drink Roll Up only	
Peanut Butter & Jelly	Grilled Cheese
Turkey & Cheese	Tuna Salad
	Chicken Melt
Special Services	
Phone and Facsimile	
We value your time and your business and make every effort to complete your order correctly and in a timely manner. In order to do so we request that you please allow us ample time when placing your order. If you are faxing an order please call to verify our receipt of your fax.	
Local Delivery	
As an added service we offer local delivery. Please call the store nearest you for specific delivery information. To help guarantee a timely delivery please place your order as early as possible.	
On-Line Ordering - OrderRolyPoly.com	
For your convenience many stores are part of our online ordering program. Please go to OrderRolyPoly.com for online menus & ordering instructions.	
Superior Nutrition	
Roly Poly promotes a healthy, vigorous and vital lifestyle by offering sandwiches and salads filled with nutrient rich ingredients. To further enhance your selection, customize your order by substituting Alpine Lace reduced fat cheese, a whole wheat tortilla and a light or fat free dressing.	

Meetings, Events & Parties	
<i>From casual gatherings, to a business meeting or working lunch, our promise is delicious food, timely service & attention to detail.</i>	
<i>Advance notice is always appreciated.</i>	
Sandwich Platters	
Our platters consist of five sandwiches cut in quarters - accomodating 6 to 10 people.	
Best Sellers	Hot Stuff
#3 Monster Veggie	#17 Jalapeño Barbeque
#10 California Turkey	#30 Basil Cashew Chicken
#12 Smokehouse Turkey	#31 Delhi Chicken
#15 Ranch Roast	#33 Thai Hot Tuna
#30 Basil Cashew Chicken	#49 Italian Turkey
Heavy Duty	The Wild Side
#10 California Turkey	#11 Wild Turkey
#24 Porky's Nightmare	#15 Ranch Roast
#29 Catalina Chicken	#21 Italian Classic
#49 Italian Turkey	#33 Thai Hot Tuna
#116 Southside Club	#47 Nut & Honey
All American	Just Veggies
<i>Served with lettuce, tomato, mayo & mustard</i>	#3 Monster Veggie
Roasted Turkey & Swiss	#6 California Hummer
Smoked Turkey & Jack	#8 Italian Veggie
Ham & American	#46 Ultimate Veggie
Roasted Beef & Provolone	#47 Nut & Honey
Chicken Salad & Cheddar	
Custom Platter (Starting at \$34.75)	
Create your own signature platter from our menu list of Cold Roll Up sandwiches. We are happy to make suggestions to customize your order - just the way you want it.	
The Works per person	
(Minimum of 8 people)	
You tell us how many people you are feeding and we'll do the rest. Includes sandwich platters, chips or sides, fresh baked cookies & drinks. Your order comes complete with napkins, plates, cups, ice, condiments & utensils. Advance notice is appreciated.	
Boxed Lunches	
Includes your choice of classic Roll Up sandwich, choice of side & fresh baked cookie.	
Regular Sandwich	Small Sandwich



ROLY POLY.

Purveyor of Fine Sandwiches.
Soups & Salads

10th Anniversary Edition

Local Delivery Available

Personalized Catering Service

Full catering menu available at
www.rolypoly.com

Classic Roll Up Sandwiches

Premium sliced meats, Land O' Lakes cheeses, market fresh vegetables & original dressings rolled in giant flour tortillas.

Combinations

Your choice of Lay's chips or side & a medium drink

Add

An 8oz. cup of an Original Recipe Soup & a medium drink

Add

Hot Pressed Sandwiches

Grilled Golden Brown to toast the tortilla, melt the cheese & heat the ingredients inside.

Sliced Chicken	Regular or Small	Turkey Breast	Regular or Small	Roast Beef & Steak	Regular or Small	Tuna Salad	Regular or Small
#28 Santa Fe Chicken Sliced chicken breast, melted jalapeño jack cheese, plum tomatoes, onion, ranch dressing, grilled golden brown, with a side of salsa <i>People's Choice</i>		#13 Hot Honey Smoked turkey breast, melted jalapeño jack cheese, bacon, sundried tomatoes, baby spinach, grilled golden brown, with a side of spicy honey mustard <i>People's Choice</i>		#18 Philly Melt Oven roasted beef, melted jack & cheddar cheese, onion, mushrooms, green pepper, grilled golden brown, with a side of barbeque ranch dressing		#40 Texas Tuna Melt Tuna Salad, melted jalapeño jack cheese, barbeque sauce, onion, bacon, avocado, grilled golden brown, with a side of ranch dressing	
#36 Chicken Fajita Sliced chicken breast, melted cheddar cheese, plum tomatoes, onion, green pepper, fajita sauce, grilled golden brown, with a side of salsa		#38 Hickory Cristo Smoked turkey breast, melted Swiss & imported Brie cheese, baby spinach, plum tomatoes, mushrooms, grilled golden brown, with a side of fresh dill horseradish sauce		#19 Steak Fajita Sliced grilled sirloin steak, melted cheddar cheese, plum tomatoes, onion, green pepper, fajita sauce, grilled golden brown, with a side of salsa		#117 Classic Tuna Melt Tuna Salad, melted cheddar cheese, bacon, plum tomatoes, grilled golden brown, with a side of spicy honey mustard	
#37 Chicken Cordon Bleu Sliced chicken breast, Black Forest ham, melted Swiss cheese, plum tomatoes, mushrooms, fresh basil mayo, grilled golden brown, with a side of spicy honey mustard		#39 Turkey Applejack Roasted turkey breast, melted jack cheese, apple butter, bacon, onion, mushrooms, fresh basil mayo, grilled golden brown, with a side of spicy honey mustard		#20 Santa Fe Steak Sliced grilled sirloin steak, melted jalapeño jack cheese, plum tomatoes, onion, ranch dressing, grilled golden brown, with a side of salsa		#32 Tuna Luau Tuna salad, Swiss cheese, bacon, green leaf lettuce, avocado, pineapple, spicy honey mustard	
#52 Hickory Chicken Sliced chicken breast, melted cheddar cheese, onion, mushrooms, bacon, barbeque sauce, grilled golden brown, with a side of ranch dressing		#61 Cider House Melt Smoked turkey breast, Black Forest ham, melted reduced fat Swiss cheese, baby spinach, mushrooms, onion, on a whole wheat tortilla, grilled golden brown, with a side of fat free apple ranch dressing <i>Lower Fat</i>		#96 Chipotle Cheesesteak Sliced grilled sirloin steak, melted cheddar & jalapeño jack cheese, onion, mushrooms, green pepper, mild chipotle ranch dressing, grilled golden brown, with a side of salsa		#33 Thai Hot Tuna Tuna Salad, cheddar cheese, spicy Thai sauce, green leaf lettuce, plum tomatoes, avocado, alfalfa sprouts, mango chutney	
#53 Chicken Popper Sliced chicken breast, light cream cheese, plum tomatoes, onion, sliced jalapeños, fat free ranch dressing, grilled golden brown, with a side of salsa <i>Lower Fat</i>		#9 Thanksgiving Roasted turkey breast, cranberry sauce, cornbread stuffing, onion, green leaf lettuce, fresh basil mayo		#14 Pepper Steak Oven roasted beef, cheddar cheese, green leaf lettuce, plum tomatoes, onion, green peppers, horseradish sauce		#60 Popeye's Tuna Tuna Salad with lite dill dressing, reduced fat Swiss cheese, baby spinach, plum tomatoes, onion, dill pickle slices, on a whole wheat tortilla <i>Lower Fat</i>	
#55 Pesto Chicken Sliced chicken breast, melted provolone cheese, onion, mushrooms, sundried tomatoes, pesto sauce, grilled golden brown, with a side of ranch dressing		#10 California Turkey Roasted turkey breast, cheddar cheese, bacon, scallions, green leaf lettuce, plum tomatoes, avocado, alfalfa sprouts, mango chutney, ranch dressing		#15 Ranch Roast Oven roasted beef, mild garlic cheese spread, bacon, green leaf lettuce, plum tomatoes, sundried tomatoes, ranch dressing		Vegetarian Regular or Small	
#65 Buffalo Slim Sliced chicken breast, melted reduced fat cheddar cheese, plum tomatoes, mushrooms, onion, spicy wing sauce on a whole wheat tortilla, grilled golden brown, with a side of fat free ranch dressing <i>Lower Fat</i>		#11 Wild Turkey Roasted turkey breast, cream cheese, cucumber, green pepper, baby spinach, green leaf lettuce, plum tomatoes, creamy Italian dressing		#17 Jalapeño Barbeque Oven roasted beef, jalapeño jack cheese, sliced jalapeños, green leaf lettuce, plum tomatoes, onion, roasted red peppers, barbeque basil mayo		#7 French Twist Melted Swiss & imported brie cheese, baby spinach, plum tomatoes, mushrooms, scallions, grilled golden brown, with a side of spicy honey mustard	
#72 Buffalo Chicken Melt Sliced chicken breast, melted cheddar cheese, plum tomatoes, onion, mushrooms, spicy wing sauce, grilled golden brown, with a side of ranch dressing		#12 Smokehouse Turkey Smoked turkey breast, jack cheese, bacon, green leaf lettuce, plum tomatoes, avocado, scallions, spicy honey mustard <i>People's Choice</i>		Ham & Smoked Pork Regular or Small		#42 Veggie Fajita Melted cheddar & jalapeño jack cheese, baby spinach, plum tomatoes, mushrooms, onion, green pepper, fajita sauce, grilled golden brown, with a side of salsa	
#26 Chicken Cobb Roll Sliced chicken breast, crumbled bleu cheese, bacon, avocado, green leaf lettuce, plum tomatoes, spicy honey mustard		#49 Italian Turkey Roasted turkey breast, cream cheese, baby spinach, plum tomatoes, sundried tomatoes, onion, artichoke hearts, roasted red peppers, fresh basil Italian dressing		#23 Key West Cuban Smoked pork tenderloin, Black Forest ham, roasted turkey breast, melted Swiss & American cheese, green leaf lettuce, plum tomatoes, dill pickle slices, onion, grilled golden brown, with a side of spicy honey mustard <i>People's Choice</i>		#43 Spinach Stuffer Melted Swiss & cheddar cheese, baby spinach, plum tomatoes, cornbread stuffing, mushrooms, onion, grilled golden brown, with a side of spicy honey mustard	
#27 Chicken Caesar Sliced chicken breast, Swiss cheese, sundried tomatoes, avocado, green leaf lettuce, creamy Caesar dressing		#51 Tuscan Turkey Smoked turkey breast, baby spinach, plum tomatoes, roasted red peppers, onion, artichoke hearts, fat free sundried tomato basil dressing <i>Lower Fat</i>		#25 Peachtree Melt Black Forest ham, melted Swiss & imported brie cheese, peaches & pepper relish, grilled golden brown, with a side of fresh dill horseradish sauce		#3 Monster Veggie Jack & Swiss cheese, green leaf lettuce, plum tomatoes, avocado, carrots, cucumber, green pepper, mushrooms, baby spinach, alfalfa sprouts, lite dill dressing	
#29 Catalina Chicken Fresh basil chicken salad, cheddar cheese, bacon, green leaf lettuce, plum tomatoes, avocado, alfalfa sprouts		#77 Greek Turkey Sliced banana peppers, roasted red peppers, Kalamata olives, lite feta sundried tomato basil dressing, on a whole wheat tortilla <i>Lower Fat</i>		#41 Barbeque Pork Melt Smoked pork tenderloin, melted cheddar & jalapeño jack cheese, bacon, barbeque sauce, onion, grilled golden brown, with a side of ranch dressing		#6 California Hummer Roasted red pepper hummus, provolone cheese, green leaf lettuce, plum tomatoes, avocado, carrots, cucumber, green pepper, alfalfa sprouts, creamy Caesar dressing	
#30 Basil Cashew Chicken Fresh basil chicken salad, cashews, spicy Thai sauce, green leaf lettuce, plum tomatoes, avocado, alfalfa sprouts <i>People's Choice</i>		#140 Pesto Turkey Club Roasted turkey breast, provolone cheese, bacon, avocado, green leaf lettuce, plum tomatoes, pesto mayo		#21 Italian Classic Black Forest ham, Genoa salami, provolone cheese, green leaf lettuce, plum tomatoes, artichoke hearts, roasted red peppers, onion, creamy Italian dressing		#8 Italian Veggie Provolone cheese, sundried tomatoes, artichoke hearts, green leaf lettuce, plum tomatoes, roasted red peppers, onion, creamy Italian dressing	
#31 Delhi Chicken Curried chicken salad, Swiss cheese, bacon, green leaf lettuce, avocado, pineapple, alfalfa sprouts, mango chutney <i>Lower Fat</i>				#24 Porky's Nightmare Smoked pork tenderloin, Black Forest ham, bacon, cheddar & Swiss cheese, green leaf lettuce, plum tomatoes, onion, spicy honey mustard		#46 Ultimate Veggie Green leaf lettuce, plum tomatoes, baby spinach, alfalfa sprouts, carrots, cucumber, mushrooms, green pepper, artichoke hearts, roasted red peppers, onion, fat free ranch dressing <i>Lower Fat</i>	
#48 Oriental Chicken Sliced chicken breast, green leaf lettuce, plum tomatoes, alfalfa sprouts, cucumber, carrots, green pepper, mango chutney, sesame dressing <i>Lower Fat</i>				#116 Southside Club Black Forest ham, roasted turkey breast, cheddar cheese, bacon, green leaf lettuce, plum tomatoes, mayo, mustard		#47 Nut & Honey Cream cheese, raisins, sunflower seeds, cashews, green leaf lettuce, baby spinach, plum tomatoes, carrots, avocado, alfalfa sprouts, spicy honey mustard	